



Infant or Child

- Age
- History of pregnancy
- Birth interventions
- Feeding behaviours
- Health status and history
- Physiological factors

Human Support Systems

- Family
- Close supporters
- Friends
- Neighbours
- Supportive care providers
- Cultural groups

Health Care Access

- Primary language spoken and read
- Inclusive and accessible clinical spaces
- Transportation and geography
- Cultural safety
- Finances
- Health literacy

Community

- Infant feeding spaces
- Privacy to feed
- Cultural norms
- Peer support
- Social media
- Work and school accommodation

Parent(s) and/or Primary Caregiver(s)

Infant or Child


Human Support Systems


Environmental Support Systems


Health Care Access


Health Care System


Community


Society

Parent(s) and/or Primary Caregiver(s)

- Pathway to parenthood: surrogacy, adoption, pregnancy, fostering
- Family history
- Pregnancy experience
- Birth experience
- Plan for feeding
- Experience and expectations
- Language spoken and written
- Health status and history
- Knowledge about infant feeding
- Health literacy
- Physiological factors

Environmental Support Systems

- Culture
- Close community
- Physical environment
- Access to private feeding spaces
- Supportive clinic spaces

Health Care System

- Culture
- Policies
- Quality of care

Society

- Gendering of infant feeding
- Infant feeding advocacy and rights
- Media
- Societal norms and stigma

Socio-Ecological Model in the Infant Feeding Context

Inspired by *The Socio-Ecological Model in the Breastfeeding Context* by Alberta Health Services, 2019